

## MISSION

The mission of Arizona Autism United is to help as many families as possible with individualized supports.

## Programs & Services

- **ABA Treatment Services:**

Applied Behavior Analysis (ABA) provides comprehensive treatment to establish many critical life skills and improve challenging behaviors. This service is overseen by a licensed Behavior Analyst. ABA treatment involves between 10 to 40 hours per week of therapy in various settings.

- **Speech & Language Therapy:**

This service provides treatment to improve communication skills and is overseen by a licensed Speech-Language Pathologist. Feeding therapy is also provided when needed. Speech therapy typically occurs one hour per week at home or in our clinic.

- **Clinical Family Coaching:**

This program assists parents in crisis or other high-need situations. It is overseen by a licensed Behavior Analyst. A team of coaches and trainers spend 6 to 9 months working with the child, parents and other family members to improve high risk behavior challenges and develop a positive home environment to sustain results for the long-term.

- **Habilitation & Respite Care:**

Habilitation services provide in-home support for children and youth of any age to teach a variety of adaptive life skills. Children typically receive between 5 and 20 hours per week of service. Respite care provides high quality childcare relief to support the needs of parents. Both services take place in the child's home or other natural environments.

- **Parent & Family Support Programs:**

AZA United offers several programs to support parents, siblings and other family members with practical and emotional support. Parents can access help anytime with navigating complex systems of care and accessing resources within the community. Siblings can participate in the therapeutic Sibshops program to connect with other siblings and better understand their own feelings.

