

OUR MISSION

Southern Arizona Network for Down Syndrome (SANDS) is a non-profit organization dedicated to being the primary source of information and support for individuals with Down syndrome in southern Arizona, working towards an improved quality of life and respect as valued members of society.

OUR PURPOSE

SANDS focuses its efforts on connecting individuals and their families with needed services and resources, advocating locally and nationally, and raising public awareness. SANDS is volunteer driven and fully funded through donations and grants.

“This visionary organization is such an essential community partner in southern Arizona, serving and advocating tirelessly for children who have a little extra chromosomal material, and those who love them. Thank you, SANDS!”

Dr. Jamie Edgin

Associate Professor, University of Arizona

ABOUT US

Based in Tucson, SANDS is the only 501(c)(3) in southern Arizona solely dedicated to serving individuals with Down syndrome. Established in 2003, our organization is primarily funded through our Tucson Buddy Walk® fundraiser.



Advocacy
Education
Support



Connect with us

Web: www.sandsaz.org

Email: info@sandsaz.org

Phone: (520) 312-2030

Mail: P.O. Box 17011 Tucson, AZ 85731



@southernarizonanetworkfordownsyndrome



@BuddyWalkTucson



sandsaz



GET INVOLVED

WAYS YOU CAN VOLUNTEER FOR SANDS...

- Help plan a social event
- Help plan a monthly program
- Raise funds
- Join our Tucson Buddy Walk®
- Join one of our committees
- Join the Board of Directors



ABOUT DOWN SYNDROME

Down syndrome results from a third copy of the 21st chromosome. It affects people of all ethnicities, genders, and economic levels. There are approximately 400,000 individuals with Down syndrome in the U.S. and it is the most commonly occurring chromosomal condition.



SANDS SPONSORED PROGRAMS

- **SANDS Community Connections:** Our support group on Facebook. A welcoming group of parents and caregivers to provide support, guidance, and understanding in your journey.
- **New & Expectant Parent Resources:** We provide informational packets to welcome families to our community and help connect them to resources.
- **Social Events:** We host several events throughout the year to provide opportunities for our families to connect and network.
- **Monthly Programming:** Free events for our families such as, play groups for those under 10, meet ups for self-advocates, and family support groups for parents and siblings.
- **Give it Back! Grant Program:** SANDS provides grants to community members with DS in our service area to help supplement the cost of programming and equipment associated with medical, educational, and therapeutic needs, and more!

Proudly featuring SANDS community members:

Bellamy, Malachi, Giano, Chad, and Lily.

Contact us at info@sandsaz.org for more information!