

# Connecting to better care through our home admission program



Navigating your way through recovery after an accident, illness or surgery can seem overwhelming. People deserve the best rehabilitation care in the most beneficial setting, so it is important to know the difference between an acute rehabilitation hospital and skilled nursing facility or nursing home.

Our rehabilitative care is different. Advanced rehabilitation treatments, experts and comprehensive programs deliver a fully coordinated program of rehabilitation treatments, ensuring patients receive the best care for their needs.

| Service                                                     | Rehabilitation hospital            | Nursing home                     |
|-------------------------------------------------------------|------------------------------------|----------------------------------|
| Frequent visits by a physician*                             | Required                           | Not required                     |
| Multidisciplinary team approach                             | Required                           | Not required                     |
| Registered nurse oversight and availability                 | 24 hours/day                       | At least 8 consecutive hours/day |
| Nursing hours per patient per day                           | Between 5 and 7.5 hours            | Between 2.5 and 4 hours          |
| Specialty nursing training, rehabilitation expertise        | Yes                                | Not required                     |
| Physical, occupational and/or speech therapy as appropriate | 3 hours/day, 5 days/week (minimum) | No minimum                       |

\* The hospital provides access to independent physicians.

## Benefitting from the convenience of home admission

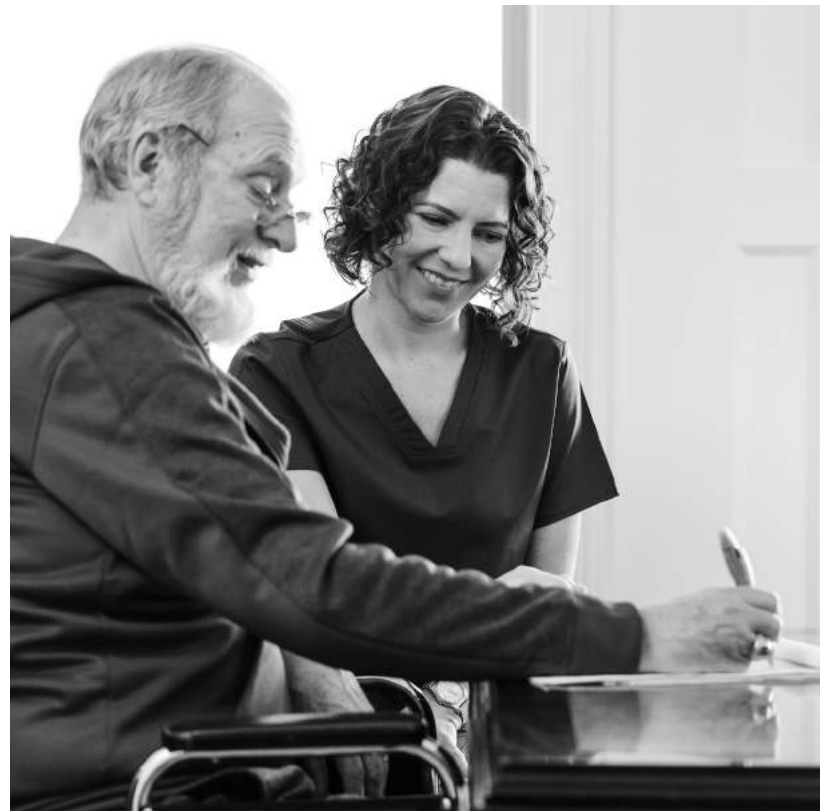
Patients and referral sources can request a home admission assessment from one of our clinical liaisons to see if rehabilitation is the right plan for regained independence. Patients typically qualify for admission, even if they are currently at home. And since our inpatient care offers comprehensive treatment, patients can often return home sooner with greater function and independence.

Consider these questions before considering inpatient rehabilitation:

- Has an illness or injury resulted in a decline in the ability to walk or perform self-care activities?
- Are there frequent falls and increased weakness?
- Is there a concern about declining function?

If answering “yes” to any of the above questions, our home admission program may be a good place to start to get back on the road to recovery.

Continued on back



## Targeting specific conditions

Diagnoses for admission from home include, but are not limited to:

- Active rheumatoid (arthritis, psoriatic arthritis, seronegative arthropathies)
- Amputation
- Bilateral joint replacement
- Brain injury
- Burns
- Congenital deformity
- Fracture of the femur (hip fracture)
- Knee or hip joint replacement
- Major multiple trauma
- Neurological disorders
  - Motor neuron disease
  - Multiple sclerosis
  - Muscular dystrophy
  - Parkinson's disease
  - Polyneuropathy
- Severe or advanced osteoarthritis
- Spinal cord injury
- Stroke
- Systemic vasculidities with joint inflammation

## What to expect

Our rehabilitation team provides a comprehensive approach to patient care, helping them achieve their greatest functioning abilities sooner.

### Insurance coverage

If precertification/preauthorization is required by an insurance company, our hospital must request and receive approval prior to your admission.

## Referral process

Our rehabilitation liaisons are available to complete an assessment at home or in the physician's office. To start the referral process, the patient, referral source or your physician should contact our admissions office at 520.322.4405. The assessment is scheduled within 24 hours for prompt attention.

## Who we are

As a national leader in post-acute care, Encompass Health (NYSE: EHC) offers facility-based and home-based patient care through its network of inpatient rehabilitation hospitals, home health agencies and hospice agencies. With a national footprint, the Company is committed to delivering high-quality, cost-effective care across the post-acute continuum. Driven by a set of shared values, Encompass Health is the result of the union between HealthSouth Corporation and Encompass Home Health & Hospice.


## Referrals

For more information or to schedule an assessment, please call 520.322.4405. After hours and on weekends, call 520.325.1300.

2650 North Wyatt Drive  
Tucson, AZ 85712  
520.322.4405 • Fax 866.296.4529  
[encompasshealth.com/rehabinstituteoftucson](http://encompasshealth.com/rehabinstituteoftucson)



The Joint Commission Disease-Specific  
Care Certification in Stroke  
Rehabilitation and Brain Injury  
Rehabilitation

 **Encompass  
Health**  
Rehabilitation Institute  
of Tucson