



# No Co-Pay Preventive Services

Are you receiving all of your recommended preventive services from Medicare?

## “WELCOME TO MEDICARE” PREVENTIVE VISIT



You qualify for this within the first 12 months you have Part B.



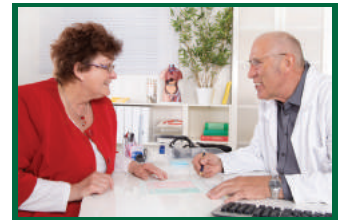
### INCLUDES:

- Height, weight, and blood pressure measurements.
- A calculation of your body mass index.
- A simple vision test.
- A review of your potential risk for depression and your level of safety.
- An offer to talk with you about creating advance directives.
- A written plan and details about coverage for screenings, shots, and other preventive services you need.

## MEDICARE ANNUAL WELLNESS VISITS



You qualify for this once a year if you've had Part B for longer than 12 months.



Includes a personalized prevention plan to help prevent disease and disability based on your health and risk factors. **ALSO INCLUDES:**

- A review of your medical and family history.
- Developing or updating a list of current providers and prescriptions.
- Height, weight, blood pressure, and other routine measurements.
- Detection of any cognitive impairment.
- Personalized health advice.
- A list of risk factors and treatment options for you.
- A screening schedule for appropriate preventive services.

## OTHER PREVENTIVE SCREENINGS AND SERVICES



- Cancer: Screenings for lung, breast, cervical, vaginal, prostate, and colorectal cancers.
- Tobacco-use cessation and alcohol misuse counseling
- HIV and sexually transmitted infections screenings
- Heart Disease/Diabetes: Cardiovascular disease screenings, behavioral therapy for cardiovascular disease and obesity, diabetes screenings, diabetes self-management training, and medical nutrition therapy for beneficiaries with diabetes or renal disease.
- Screenings for depression, glaucoma, abdominal aortic aneurysms, and hepatitis C
- Bone mass measurements
- Immunizations for seasonal influenza, pneumonia, and hepatitis B

Want to Learn More?  
Ask Angels Care how we can help you stay healthy!

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