



# Tucson

## AST Learning Center

For more than 15 years, AST has helped children with autism succeed in school and in life through our clinic and home-based approach.



### Applied Behavior Analysis

Our clinic-based programs utilize evidence-based practices and are designed to support children ages 18 months to 10 years using naturalistic teaching strategies in a fun environment so they will enjoy learning.

### One-to-One Instruction

The AST Learning Center provides both individual and small group instruction with each child receiving one-to-one support from a highly trained behavior interventionist.

### Our Team

Our program is led by Jessica Belokas, MA, BCBA, LBA and a team of ABA trained interventionists with constant supervision by a Board Certified Behavior Analyst (BCBA).

### We Take Insurance

We accept most major insurance carriers, including Blue Cross Blue Shield of Arizona, Cigna, Humana/Lifesynch, Magellan, United Healthcare/United Behavioral Health/Optum and ESA funding.



**Jessica Belokas, MA, BCBA, LBA**

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### Intensive Early Intervention

Our comprehensive ABA programs support children ages 18 months to 5 years and address many of the skills necessary to enter general education kindergarten such as communication skills, behavior management, social skills, and making friends.

### After School Programs

Our focused ABA programs support children ages 5-8 years after school hours. These programs provide supplementary teaching for communication skills, behavior management, executive functioning skills and social skills.

### Young Adult Services

Our programs are individualized for the needs of young adults. The center offers executive functioning support, vocational training, and adult social skills groups.

**Programs offered year-round, 10-35 hrs/week. Hours of operation: 8am to 6pm**

Learn more about our Center and ABA Programs at [autismtherapies.com](http://autismtherapies.com)